

My Help My God

Verse

Sandra McCracken
Based on Psalm 42

F



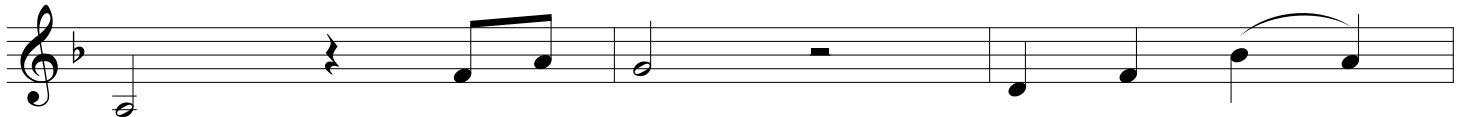
1. Why are you so full of hea - vi - ness
2. Deep goes un - to deep like o - cean waves

Why are you dis - qui - et - ed with -
All your floods and ra - pids on me

4

C

Bb



in Oh my soul
break Oh my soul

Oh my soul ____
Oh my soul ____

7

F



As the deer longs for the wa - ter brooks
I will say un - to my God, my strength

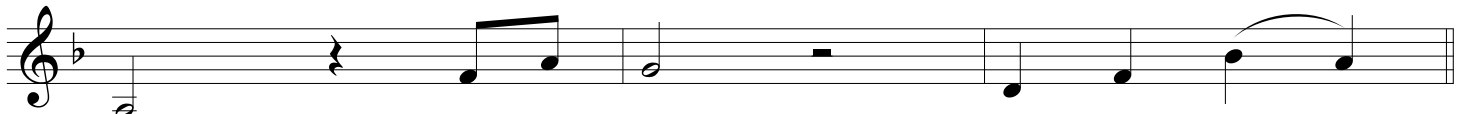
So my soul, it longs and thirsts for
How it is you have for - got - ten

10

C

Dm

Bb



you Oh my God
me Oh how long

Oh my God ____
Oh how long ____

Chorus

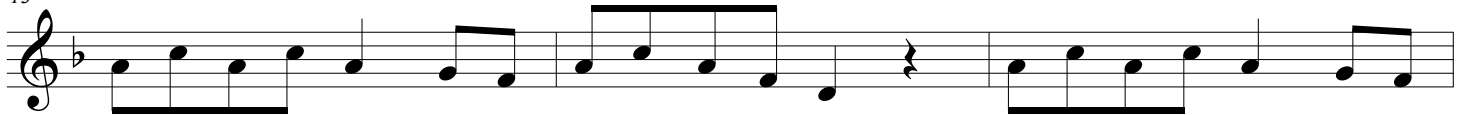
13

F

Dm

Bb

F



Put your trust in God I will yet give thanks to Him

Put your trust in God, I will

16

Dm

Bb

F

Dm



yet give thanks to Him

Put your trust in God, I will yet give thanks to

My Help My God, pg 2 of 2

19 B \flat F^{1.} F^{2.} B \flat

Him, my Help, my God

Verse

22 F

3. Yah - weh grants His kind - ness in the day

24 C

Through the night His song it is that stays Oh my soul Oh my

Chorus

27 Dm B \flat F Dm B \flat

soul Put your trust in God I will yet give thanks to Him

30 F Dm B \flat F

Put your trust in God, I will yet give thanks to Him Put your trust in God, I will

33 Dm B \flat F

yet give thanks to Him, my Help, my God

36 B \flat F B \flat F

my Help, my God my Help, my God.